



CANADIAN NETWORK for
the PREVENTION of ELDER ABUSE
RÉSEAU CANADIEN pour la PRÉVENTION
du MAUVAIS TRAITEMENT des AÎNÉS



Elder Abuse
Prevention
Ontario



WEBINAR

How to Be #UnHackable:

*Learn to Think Like a Scammer to
Improve Your Cybersafety Skills*



19th November



1 PM - 2:30 PM

Speakers:

Claudiu Popa, Founder

KnowledgeFlow Cybersafety Foundation

Debra Popa, Executive Director

KnowledgeFlow Cybersafety Foundation



ASL Provided

LAND ACKNOWLEDGEMENT



WEBINAR LOGISTICS

Communication



Microphones : All attendees' microphones are turned off during the webinar.

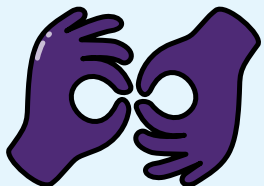


CHAT Box : Welcome to post comments during the session.



Questions: Type your questions in **Q & A** to be addressed at end of the presentation.

ASL



- ASL Interpreter on screen
- **Speaker /Gallery view:** Grid at top of right corner of screen - choose the layout you prefer.
- **Closed Captioning:** Enable or Disable

WEBINAR LOGISTICS

Evaluation



We appreciate your feedback on the knowledge you gained from the session and suggestions for future topics.

- **Pop-up** after the Webinar with link to survey
- **Email** follow-up in a day with survey link

Recording



A recorded version of this webinar will be available on EAPO and CNPEA's websites.

Links and documents shared during the webinar will also be posted.

Respecting Privacy and Confidentiality



We appreciate there may be personal circumstances or issues which participants may wish to address. However, in keeping with our commitment to maintaining your privacy and confidentiality, today we will be answering general questions posed through the Q&A.

If someone wishes to discuss specific circumstances, we invite you to contact EAPO following this webinar to arrange for a confidential conversation so that we may further assist you.



Elder Abuse
Prevention
Ontario

STOP ABUSE – RESTORE
SIMPLY PUT, WE ALL HAVE A ROLE TO PLAY
RESPECT

Vision

EAPO envisions an Ontario where ALL seniors are **free from ageism and abuse**, where *human rights are advanced, protected and respected*.

EAPO is mandated to support the implementation of Ontario's Strategy to Combat Elder Abuse.



Funded by the Ontario Government, under the
Ministry for Seniors and Accessibility (MSAA)



Canadian Network For the Prevention of Elder Abuse

MISSION

The CNPEA works to improve awareness, supports, and capacity to develop a national coordinated approach to elder abuse and neglect. We promote the rights of seniors through knowledge mobilization, collaboration, policy reform and education.

VISION

All seniors in Canada have access to the services and supports necessary to lead a quality life in their communities and live without fear of violence or neglect.

@cnpea

www.cnpea.ca

Presenter



Claudiu Popa
Founder,
KnowledgeFlow
Cybersafety Foundation

Claudiu is a recognized leader in the cybersecurity field. He holds several top-tier certifications, including CISSP (Certified Information Systems Security Professional), CIPP (Certified Information Privacy Professional), PMP (Project Management Professional), CISA (Certified Information Systems Auditor), and CRISC (Certified in Risk and Information Systems Control).

With his extensive experience and credentials, Claudiu has dedicated his career to advancing cybersecurity education and promoting online safety for individuals, organizations, and communities.



Presenter



Debra is deeply passionate about protecting Canadians from digital threats. She combines strategic leadership with a personal commitment to ensuring that vulnerable populations, particularly seniors, are equipped with the knowledge and tools they need to stay safe online.

Debra's dedication drives the organization's mission to create accessible, effective cybersafety resources that empower individuals and communities to navigate the digital world securely and confidently.

Debra Popa,
Executive Director
**KnowledgeFlow Cybersafety
Foundation**



EAPo Resources

Cyber Security Tips for Seniors

Cyber security is the set of practices that you have in place to protect your devices and personal and financial information. Cyber criminals target individuals to gain information that they can exploit to steal money from you.

1 Create unique, strong passwords and passphrases

- Use a passphrase, a series of at least four words and 75 characters in length.
- Do not combine passwords with at least 12 characters.
- Upper and lower case letters, numbers and symbols.
- Use a different password for every account.



2 Limit sharing of sensitive personal information online

Be careful what personal data you share online. Don't provide your birthdate, ID# or any personal or financial information.



3 Enable multi-factor authentication (MFA)

MFA uses two or more different ways of verifying that you are who you say you are to add an extra layer of protection for your accounts and devices.

4 Install software updates and patches

Install software updates as soon as they are available for all of your connected devices.

5 Protect your devices

Use an antivirus and anti-malware software on all your connected devices and keep this software up to date.

6 Phishing. Don't take the bait

Phishing is one of the most common tactics that cyber criminals use to steal your information. Phishing messages are often sent as email, text messages (known as smishing) or phone calls. **Beware!** Phishing messages often pressure or threaten you to respond quickly. **Links:** Don't open any links or attachments you're unsure of. **Scams:** Any message that seems too good to be true, is a warning it isn't what you didn't order.



Elder Abuse Prevention Ontario

For more information
Elder Abuse Prevention Ontario
416-925-4500 | support@eapoo.ca
www.eapoo.ca

RESOURCES

Canadian Anti-Fraud Centre
www.antifraudcentre-centreantifraude.ca
1-877-977-8282

Online Dating & Romance Scams Tips for Seniors



Romance fraudsters use dating and social networking sites to contact their victims. They create accounts using stolen photos and fake stories that often suggest they work in the military, overseas or in business. They promise their love to gain victims' trust and eventually their money.



What are the signs?

Beware of:

- 01 Profiles that seem too perfect.
- 02 Scenarios you haven't read in previous profiles that seem to you.
- 03 People who claim to be wealthy, but need to borrow money.
- 04 Any attempts to meet in person get cancelled.
- 05 A person who encourages you from talking about them to friends & family.

What to do:

- Slow down. Don't send money or travel with someone you just met online and have never seen before in person.
- Talk to a trusted friend or family member for their opinion. A friend or family member can give you valuable, objective feedback.
- Ask them for a recent photo or live a video call. If the person is real, they should be open to sharing their real photo with you or by video call.
- Don't share any sensitive material that can be used to blackmail you.
- Be very careful about how much personal information you share on social media and dating sites.



STATISTICS



Reports: **1,135**



Victims: **945**

For more information
Elder Abuse Prevention Ontario
416-925-4500 | support@eapoo.ca
www.eapoo.ca

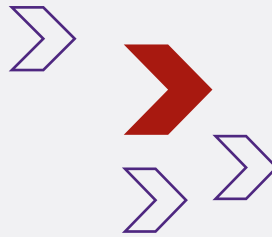
Services
Elder Abuse Prevention Ontario
www.eapoo.ca



Elder Abuse Prevention Ontario



EAPO Webinars



<https://eapon.ca/eapo-webinars/>



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Ontario

● **WEBINAR**

Banking Basics - Advancing Financial Literacy for Older Adults



27th November



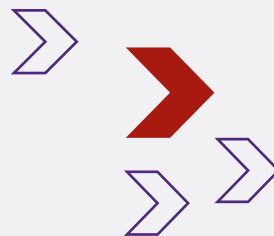
1 PM - 2 PM

Speaker:

ABC Life Literacy Canada



EAPO Webinars



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CNPEA RCPMTA
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**Elder Abuse
Prevention
Ontario**



**Connected Canadians
Canadiens Branchés**

● **WEBINAR**

ChatGPT: NAVIGATING THE
DIGITAL CONVERSATION



Tues. December 10th



1 PM - 2 PM (ET)

Speakers:

Phill Gratton, Workshop Instructor,
Connected Canadians

Janice Greenberg, Workshop Developer
and Facilitator **Connected Canadians**

**WE WOULD APPRECIATE
HEARING FROM YOU!**

Please take a few minutes to complete
our survey.

Evaluation





Visit the Hub...

- * **A national platform** for knowledge dissemination
- * **A way to connect and collaborate** with your peers and with experts
- * **An overview of available resources**, research and promising projects
- * **A source of information** for concerned individuals

Contact :

Bénédicte Schoepflin

Executive Director,

benedictes.cnpea@gmail.com



<http://cnpea.ca>



@cnpea



Elder Abuse
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**Join us...to help make a
safer Ontario for all
older adults.**

Contact EAPO:

1-416-916-6728

1-833-916-6728



<http://eapon.ca>



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